



Reproductive Endocrinologist Discussion Guide

Below please find some examples of questions that you may want to ask your Reproductive Endocrinologist during your appointment at the fertility clinic. This resource is intended to assist you in gathering information you may need to take the next step.

Patient Goals

Many women find it helpful to come to their appointment prepared to share their family-related goals with their Reproductive Endocrinologist. Your doctor can then take this information into account as he/she works with you to develop a care plan that is appropriate for you.

- I am ____ years old and ideally I would like to have ____ children.
-

Diagnosis

- _____.
-

Treatment

- Should I wait longer before trying ART?
- For how long should I try to achieve a pregnancy naturally?
- How soon should I start?
- How will you decide which treatments to recommend?
- Are there differences in success rates by treatment?
- What impacts the success rates of each treatment?
- Is there anything we can do to optimize our chances of getting pregnant?
- Does my age matter?
- Is there any way to predict my success rates depending on treatment options?



- Does transferring only one embryo reduce my success rate?
- What is the success rate for IVF, in terms of live births per embryo transfer, for this facility compared to national success rates?
- How many cycles will it take to get pregnant?
- What happens if an ART cycle fails?
- If I need donor sperm, egg, or embryos, does your Center offer this option?
- What are the side effects of each treatment?
- I understand IVF has a high incidence of twins; how many embryos do you typically transfer per cycle?
- Will I have a treatment team?
- Will you be the only physician involved in my treatment and procedures?
- How will I communicate with you during this whole process?
- What can I expect in terms of time commitments, and how many office visits do you anticipate will be necessary?
- If you have satellite clinic(s) in addition to a main clinic, which one(s) do I go to?
- Will I always visit this office location or will some procedures occur elsewhere?
- Does your clinic provide emotional counseling, or can you refer me to a counselor who deals with fertility problems?
- Will my insurance pay for the testing and/or treatments? Will your clinic help me determine what my insurance will cover?
- Does insurance cover treatment and, if not, do you offer financial options for treatment?
- Do you offer other resources for support?
- What questions haven't I asked?